

## Strums and Strokes

- Begin by playing three thumb sweeps across all six strings.
- Then play three brush strums across all six strings.
- Now play three rest strokes with your thumb (*p*) on the sixth string.
- Next play a free stroke with each of your fingers (*i*, *m* and *a*) on the third string.
- Then play three free strokes with your thumb (*p*) on the fourth string.
- Now play a rest stroke with each of your fingers (*i*, *m* and *a*) on the first string.
- Finish by playing a thumb sweep across all six strings, allowing the sound to fade away.