

## Picking and Strumming

Use a metronome and make sure to keep a steady beat throughout “Picking and Strumming”:

- Begin by using your guitar pick to strum all six open strings with a down-up-down-up pattern.

ALL SIX STRINGS        

- Now play the down-up-down-up pattern on the sixth string only.

SIXTH STRING        

- Repeat the first step, strumming down-up-down-up across all six strings.

ALL SIX STRINGS        

- Now play the down-up-down-up pattern on the fifth string only.

FIFTH STRING        

- Repeat the process, each time moving to the next string (fourth, third, second, and first).

ALL SIX STRINGS        

FOURTH STRING        

ALL SIX STRINGS        

THIRD STRING        

ALL SIX STRINGS        

SECOND STRING        

ALL SIX STRINGS        

FIRST STRING        

- Finish by playing a downstroke across all six open strings, allowing the sound to fade away.

ALL SIX STRINGS        

Allow the sound to fade.