

**“Bend and Release Drill”:** The following drill can help you improve your string-bending skills. Remember to place your left-hand finger tips close to the frets. Experiment by using upward and downward bends. Do not try to bend the strings very far at first and do not over-practice the drill. Try using different fingers on different frets. A little practice goes a long way. Maintain good left-hand form when you play bends. The better your left hand form is, the more strength you will have for this technique.

